

# NEWSLETTER

## SC SCHOOL BEHAVIORAL HEALTH COLLABORATIVE

### SC SBH COLLABORATIVE OUTREACH

HELLO SC SCHOOL BEHAVIORAL HEALTH LEADERS,

BASED ON YOUR GUIDANCE AND FEEDBACK ON CREATING EFFECTIVE SCHOOL BEHAVIORAL HEALTH SYSTEMS, WE ARE CONNECTING INTENTIONALLY WITH PROFESSIONAL GROUPS TO FOSTER CROSS-AGENCY COLLABORATION.

WE WILL HOST A PLANNING DISCUSSION WITH PROFESSIONAL AGENCY LEADERS AT THE 2026 SOUTHEASTERN SCHOOL BEHAVIORAL HEALTH CONFERENCE, AND WE HOPE TO SEE YOU THERE! SEE THE LINK BELOW FOR CONFERENCE DETAILS.

REMINDER: PLEASE FOLLOW THE LINKS BELOW TO VIEW RESOURCES CREATED COLLABORATIVELY DURING THE FALL 2025 SUMMIT:

- [MENTAL WELLNESS THROUGH SCHOOLS TOOLKIT](#)
- [REGIONAL RESOURCE MAPS](#)
- [IMPLEMENTATION WORKSHEETS](#)

### RECOMMENDED RESOURCES FOR CHILD/ADOLESCENT WELLNESS



#### RESOURCES FOR SCHOOLS:

- [FACILITATING CIVIL AND PRODUCTIVE CLASSROOM CONVERSATIONS: GUIDANCE AND LESSON PLANS](#)

#### RESOURCES FOR ALL:

- [AMERICAN ACADEMY OF PEDIATRICS: PEDIATRIC MENTAL HEALTH CARE ACCESS ECHO RECORDINGS](#)

#### BOOK RECOMMENDATIONS:

- [MY BRAIN IS A HOME - NURTURE MENTAL WELLBEING BY EDUCATING CHILDREN ABOUT THEIR BRAIN](#)
- [THE RESILIENCE WORKBOOK FOR KIDS - FUN CBT ACTIVITIES TO HELP KIDS BOUNCE BACK FROM STRESS AND GROW FROM CHALLENGES](#)

[REGISTER NOW](#) FOR THE SOUTHEASTERN SCHOOL BEHAVIORAL HEALTH CONFERENCE!

[CONTACT US- SBHCONFERENCE@SC.EDU](mailto:SBHCONFERENCE@SC.EDU)

