

FAMILY MEALS PROGRAM

MUSC Children's Health

At MUSC Children's Health, our Family Meals Program helps us provide nourishment and serve meals to families who are staying at the hospital with their children. This program of of our patients.

The meals help minimize the financial impact of hospitalization on the family and provide an opportunity to connect with other families over a delicious meal.

The program has grown tremendously since its inception – from a group serving one Saturday morning a month to many groups serving meals as often as three days a week.

If you would like to contribute to this program, please contact our Women's & Children's program coordinator

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For more
information, please
visit our website

Frequently Asked Questions

Who are the meals for?

Our volunteers serve the families of our patients at MUSC Children's Health. We define "family" as anyone a patient considers to be significant in their life.

What kind of food should we bring?

Any nutritious meal is wonderful! The Saturday morning breakfast can be continental style. The dinners can be whatever you wish to bring: catered from a restaurant or industrial kitchen, Mexican, Italian, barbeque, good ole' Southern, cookout, etc (as long as there is enough for 60-80 people to share). We ask that you also bring beverages and paper serving products such as plates, napkins, eating utensils, serving utensils, and cups. You may also bring snacks for the families to take back to their rooms.

When can we offer our meals?

- Monday night 6:30 to 7:30 pm
- Tuesday night 6:30 to 7:30 pm
- Wednesday night 6:30 to 7:30 pm
- Saturday morning 9:00 to 10:00 am

Please arrive a half an hour early to set up the meal, and plan to stay a half an hour afterwards to help clean up. In addition to the regular meals, we can also provide holiday meals, such as Thanksgiving and Christmas.

Are there any requirements or training to serve?

As a Family Meals volunteer, you are required to read and sign our guidelines which discuss important information such as infection control and patient confidentiality. We ask that you return this form one week prior to your volunteer date.