

Student Stacks

Office of Student Financial Literacy

JAN

2026

START FRESH: PLAN WITH PURPOSE THIS NEW YEAR

Small intentional steps today lead to big financial wins tomorrow.

The new year is the perfect time to rethink your finances. Before your student loan refund hits, pause and ask:

What's my priority for this money?

How did last semester feel?

Do I want a repeat or a change?

If loans are your main source of income, remember every purchase costs about three times more after repayment. Give yourself grace yet spend with purpose. Build in wiggle room and a backup plan. Financial wellness is a team effort for strong health professionals developing healthy habits.

BOOK GIVEAWAY

In December, first-year PA students received White Coat Investor's Guide for Students thanks to a general donation from WCI. This resource helps future providers build confidence and clarity in their financial journey.

White Coat Investor regularly provides books for PA, Dental, MD, and DNP students, and OSFL is always happy to make sure any interested student has access to one. Email Fin Lit for a free copy today!



